

Support Groups in Massachusetts

Help for Nurses with Substance Abuse Problems

Below is a list of self-help groups facilitated by a volunteer nurse who understands addiction and the recovery process. Many nurses with substance abuse problems find it therapeutic to share their experiences with peers who understand the challenges of addiction in the healthcare profession.

Greater Boston Metropolitan Area:

Healthcare Professionals Support Group
BourneWood Hospital
55 Intervale Road
Brookline, MA
Contact/Facilitator: Maureen Cunniffe, 617-759-0680
Meets: Wednesdays, 7:30 - 8:30 p.m.

McLean Hospital
DeMarmeffe Building room 116
Contact/Facilitator: Sandy Connant, 978-887-3628
Meets: Thursdays, 5:30 - 6:30 p.m.

Peer Group Therapy
1354 Hancock Street, Suite 209
Quincy, MA 02169
Contact/Facilitator: Christine Sullivan, 617-838-6111 (H)
Meets: Wednesdays, 5:15 - 6:30 p.m.

Health Care Professionals Support Group
Caritas Norwood Hospital
800 Washington Street
Norwood, MA 02062
Contact/Facilitator: Jackie Sitte, 781-341-2100
Meets: Thursdays, 7:00 - 8:30 p.m.

Recovery Lifestyles
First Congregational Church
Room #1
121 East Foster Street
Melrose, MA
Contact/Facilitator: Janice O'Neil, CDAC, 781-979-0262
Meets: Sundays, 6:30 - 7:30 p.m.

Central Massachusetts:

Professionals Nurses Group
Adcare (Basement Conference Room)
107 Lincoln Street
Worcester, MA 01601
Contact/Facilitator: Carole Brown, 978-568-1995
Meets: Mondays, 6:00 - 7:00 p.m.

Health Care Support Group
UMass School of Medicine
Room 123
Worcester, MA
Contact/Facilitator: Emory (Pharmacist), 508-429-9433
Meets: Saturdays, 1:00 - 2:00 p.m.

Northern Massachusetts

Nurses Recovery Group
Center for Addiction Behaviors
Beverly Hospital
55 Herrick Street
Beverly, MA
Contact/Facilitator: Jacqueline Lyons, 978-697-2733
Meets: Mondays, 6:00 - 7:00 p.m.

Balpate Hospital
OT Building
83 Baldpate Road
Georgetown MA 01833
Contact/Facilitator: Dana Fogarty, 978-352-2131 ext 57
Meets: Tuesdays, 5:00 - 6:00 p.m.

Southern Massachusetts

PRN Group
Pembroke Hospital
199 Oak Street, Staff Dining Room
Pembroke, MA 02359
Contact/Facilitator: Sharon Day, 508-667-2486
Meets: Tuesdays, 6:30 - 8:00 p.m.

Brockton Professionals Support Group
Caritas Good Samaritan Medical Center
5TH Floor Conference Room
235 North Pearl Street
Brockton, MA 02301
Contact/Facilitator: Steve Nikolsky, 781 624-4265
Meets: Thursdays, 6:30 - 7:30 p.m.

Substance Abuse Support Group
167 Middleboro Rd.
East Freetown, MA 02717
Contact/Facilitator: Michelle Rubinstein, 508 965 2479
Meets: Tuesdays, 7:00-8:15pm and 8:15 - 9:30 p.m.

CDAC Meeting (for all healthcare professional)
Falmouth Hospital
P.O. Box 905
Falmouth, MA 02541
Contact/Facilitator: Dr. Rick Abisla, 508-457-1500
Meets: Tuesdays, 7:00 - 8:00 p.m.

Western Massachusetts

Nurses Helping Nursing
Bay State Medical Center
Visiting Nurses Assoc. Bldg
50 Maple St. Conference Room 130
Springfield, MA
Contact/Facilitator: Muriel Keneeskern, 413-783-6416
Meets: Thursdays, 7:15 to 8:15 p.m.

Health Professional Recovery Group
CDAC Meeting (for all healthcare professional)
Berkshire Medical Center
Pittsfield, MA
1st Floor Conference Room
Contact/Facilitator: Marie Geary, RN and Dr. Robert Wespiser, 413-443-3369
Meets: Tuesdays, 7:00 - 8:00 p.m.

Professional Support Group
Franklin Medical Center
164 High St, Conference Room C
Greenfield, MA 01301
Contact/Facilitator: Dr. Wayne Garvyck, 413-774-5554
Meets: Wednesdays, 7:00 - 8:00 p.m.

Outside of Massachusetts

Caduceus Group of Bedford
40 Route 101
Carlyle Place
Bedford, NH 03110
Contact/Facilitator: Christopher Carter, 603-494-6262
Meets: Tuesdays, 6:00 - 7:30 p.m.

Nurses Recovery Group
Dartmouth-Hitchcock Manchester
100 Hitchcock Way
Manchester, NH
Contact/Facilitator: Sandra Pascucci, 603-391-1776
Janet, 978-975-5711
Meets: Tuesdays, 7:00 - 8:30 p.m.

Update 4/13

For more information:
contact the
MNA Peer Assistance Program
at 781-821-4625 ext 755
or 800-882-2056 ext 755 (MA only).

